

Hearing Resonant Nature

A one-day retreat for

Connecting Your Sense of Hearing to the Earth through Vibration, Resonance and Voice

Reduce stress and increase tranquility in your body, mind and spirit by tuning into your sense of hearing. Turn down the volume of noise in your life through engaging in guided relaxation and exploration. Harmonize with nature in lively rhythm, playful percussion and expressive toning.



Come to harmony in your senses with

Carolyn Rodenberg, MA, LMFT, CCH

Caring Presence Psychotherapy, PLLC

www.caringpresence.net , 206-367-3058

Carolyn specializes in body-oriented psychotherapy and retreats. She guides people in listening to their somatic and sensory language, activating awareness as a resource for change and growth. With 26 years of experience, including 20 in healthcare settings treating medical issues and trauma, Carolyn enjoys offering gatherings which deepen and enliven the connection between a person's nature and the environment.



Saturday, September 27, 2014

10 am to 4pm

at Little Dog Yoga Studio,

located in the Lake City neighborhood of Seattle
(Direction provided upon registration)

\$85 cost includes a delicious organic lunch

To register: call (206) 367-3058,

or email crodenberg@caringpresence.net

by September 19th.